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# SUMMER 2017 NEWSLETTER

## Let's talk about prevention!

You may have heard how important prevention is to staying healthy. Depending on your age, your provider may suggest certain tests or screenings. Let's take a look at some suggested items for preventive care. As always, talk to your primary care provider about the preventive care that is best for you.

### Birth-11 years old

- Well visits/"check ups"
- Immunizations
- Developmental milestone review
- Vision screening
- Hearing screening

### 12-18 years old

- Well visits (includes the exam needed for "sports physicals")
- Immunizations
- Vision screening
- Baseline lab work
- Screening for at risk behaviors
- Emotional well being screening and counseling

### 19-49 years old

- Well visits
- Immunizations (including the flu vaccine annually and boosters as needed)
- Vision screening
- Annual lab work
- Birth control and reproductive health

### 50 years/+

- Well visits
- Immunizations (including the flu vaccine annually and boosters as needed)
- Annual lab work
- Colorectal cancer screening
- Mammogram

**Did you know some additional care helps diabetic patients stay healthy?  
If you are diabetic, talk to your primary care provider about these additional preventive care items:**

- \* Annual diabetic eye exam
  - \* Diabetic foot exam
  - \* Regular A1c checks



## Patient Family Advisory Council (PFAC)

New to Grants Pass Clinic this year is our Patient Family Advisory Council (PFAC). This group includes both Grants Pass Clinic staff as well as patients, family members, and/or patient caregivers. The PFAC serves as the patient voice for improvements in the overall healthcare for our patients. Would you like to lend your voice to the changes happening in Grants Pass Clinic? Do you enjoy working as part of a group? If so, the PFAC may be for you! Talk to a member of your care team for more information and to obtain an application.



**We want to hear from you!**



## Grants Pass Clinic Welcomes Dr. Kori Hunt

Dr. Hunt received her medical degree from the University of New Mexico School of Medicine in Albuquerque, NM. She completed her internship and residency at Duke Southern Regional Area Health Education Center in Fayetteville, NC. Dr. Hunt is board certified by the American Academy of Family Physicians. She joined Grants Pass Clinic in June 2017, and she is currently accepting new patients.

